

#NOMOREVerbalAbuse Social Media Posts

DOMESTIC ABUSE IS

MORE
THAN

PHYSICAL VIOLENCE

NOMORE
AVON
AVONWORLDWIDE.COM
NOMOREVERBALABUSE.ORG

The most common form of domestic violence isn't physical. During **#16Days**, I am proud to **#SpeakOut** with **@NOMOREorg** and **@AvonWorldwide** and say **#NOMORE** to verbal abuse. Learn more: **NOMOREVerbalAbuse.org**
#NOMOREVerbalAbuse

Constant name-calling, put-downs, body-shaming, and criticism from a partner IS abuse. During **#16Days**, I **#SpeakOut** with **@NOMOREorg** and **@AvonWorldwide** to say **#NOMOREVerbalAbuse**.

I **#SpeakOut** and say **#NOMOREVerbalAbuse** with my **@Amazon** Alexa device. Simply say "I'm registering my voice against verbal abuse" to join me. **@NOMOREorg**
@AvonWorldwide

It might not leave bruises, but verbal abuse causes lasting emotional pain and scarring. Join **@NOMOREorg** & **@AvonWorldWide** to **#SpeakOut** and take the pledge to stop verbal abuse at **NOMOREVerbalAbuse.org**. **#NOMOREVerbalAbuse #16Days**

A quarter of women have changed an aspect of themselves because of negative comments made by an intimate partner. Do you know the signs of verbal abuse? During **#16Days**, **#SpeakOut** with **@AvonWorldWide** and **@NOMOREorg**. Visit **NOMOREVerbalAbuse.org** today. **#NOMOREVerbalAbuse**

Many perpetrators of **#domesticabuse** have never left bruises or physical scars. During **#16Days**, **@AvonWorldWide** & **@NOMOREorg** are spreading the message: Verbal abuse IS domestic abuse **#SpeakOut #NOMOREVerbalAbuse**
NOMOREVerbalAbuse.org

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Did you know that over a third of women have insecurities about their self-worth based on negative comments made by a partner? During **#16Days**, I'm joining **@NOMOREOrg** and **@AvonWorldWide**

Nearly half of all women have experienced verbal abuse from an intimate partner. You can help to **#SpeakOut**: take the pledge at **NOMOREVerbalAbuse.org/Take-Action**. **#NOMOREVerbalAbuse #16Days @NOMOREOrg @AvonWorldWide**

Verbal abuse is just as damaging as physical abuse, but it doesn't leave physical scars. If your partner constantly calls you names, blames you, gaslights you, or accuses you, then you may be in a verbally abusive relationship. Support is available to help you **#SpeakOut**. Go to **@NOMOREOrg** and **@AvonWorldWide** to find out more **#NOMOREVerbalAbuse**

During **#16Days**, learn the signs of verbal abuse. Constant:

- Threats - Criticism or put-downs -Body shaming
- Name-calling - Gaslighting

Learn more at **NOMOREVerbalabuse.org**. **#NOMOREVerbalAbuse**

Do you know the signs of healthy and unhealthy relationships? Learn how to identify abusive behaviors and much more on the **#NOMOREVerbalAbuse** website. **NOMOREVerbalAbuse.org**

Do you have an Alexa-enabled device and want to **#SpeakOut** against verbal abuse? It's easy—just ask Alexa to 'Open NO MORE', and follow the prompt. Your voice can make a difference. **#NOMOREVerbalAbuse @NOMOREOrg @AvonWorldwide**

Verbal abuse is one tactic in a range of deliberate behaviours that a person may use to gain and maintain power and control over another in an intimate relationship. Learn the facts about verbal abuse at: **NOMOREVerbalAbuse.org/What-Is-Verbal-Abuse #NOMOREVerbalAbuse @AvonWorldWide**

One in ten women who experience verbal abuse say that they don't know where to turn for help. Visit **NOMOREVerbalAbuse.org** to learn how you can **#SpeakOut** to help a loved one experiencing abuse. **#NOMOREVerbalAbuse @AvonWorldWide @NOMOREOrg**
